



Tosh James The Advisor

Connoisseur Life

Primum Nil Nocere
Above All Do No Harm

In 1991, Tosh started on the varsity basketball team and led his team to three back-to-back state championships. Little did Tosh know that his training as a leader in competitive, high-pressure situations would prepare him for a bright future. Always striving to live outside the box, challenging himself in every aspect of life to live purposefully. Following the teachings of Christ, constantly searching for answers to help others live a better life and achieve their goals.

So, Tosh embarked on the journey to find the right information about what it means to be truly healthy ... a journey not for the faint of heart. As time went on, he realized most of the industry was completely lost and could not guarantee the best possible result. As he dug deeper, he observed that no one had good enough answers because everyone was thinking from the same flawed point of view. He witnessed the confusion created by the ever-changing trends and fads, as each "solution" failed to create any demonstrable freedom in wellness. Then it got even more spooky as it became evident that just about everything "out there" is causing harm.

He had to find a solution that followed the most basic reasoning and held to the hippocratic oath, Primum Nil Nocere (Above All Do No Harm). The constant search for answers led him to a group in Europe that had been funded for decades and was making unrivaled progress. For the first time things made sense ... it was common sense. The premise that our body helps itself as Hippocrates stated long ago: "natural forces within us are the true healers of disease." Even though Tosh was conditioned to lead, he now realized that everyone, including even him, had to follow "the design." Fortunately, the chief scientist was a great teacher and willing to mentor him.

"As a chaplain I deal in hope and truth. Tosh James brings hope to those facing chronic medical conditions and pain. With the truth of proven methodologies is helping me restore my health and wellness even reversing and destroying certain adverse conditions in my body."

**Dr. Edward S - Texas, United States
Law Enforcement Chaplain**

"I frankly owe Le Connoisseurs my life, but my favorite aspect of this wellness service is the commitment to empirically demonstrating improvement. With the ongoing evaluations and documentation, I was able to validate every step of my body's remarkable recovery right before my eyes. This understanding of wellness and the design of the body has permeated into every area of my life. I feel privileged to have encountered this paradigm-shifting service, and I would highly recommend it to every person alive."
Scott D - Spain Writer and Communications Specialist

But, for a greater understanding, Tosh had to make huge sacrifices. He had to leave his career and income, his habits, and his comfort zone. Even his very outlook on life was now obsolete and had to change. A passionate, disrupted, and hungry 31-year-old had to become a student all over again. This time there would be no state championship. Instead, the prize would be much greater – an opportunity to truly change the world.

"I started in December 2016 with Tosh's Protocol to enhance my health. My initial blood work numbers were scary with my liver numbers being very high. I have had several targeted Protocols that improved my heart and liver. It was discovered in November 2018 that I had six superbugs and have been taking three rounds of their protocols, I am down to just one superbug. I have been very pleased with my health outcomes with the help of Tosh James."
Debra L. - Sonterra Member, San Antonio, Texas, United States Entrepreneur - Real Estate, Oil & Gas

After about four years of apprenticeship under a ge-nius, the curtain was finally pulled back and the truth was glaring at him in the face. He was ready to work in parallel with this European team and spread the message of true wellness. They formed a consulting company that focuses on wellness built on proper information. Since the 70s, his group has worked only with clients that have been referred by other clients.



"I am a firm believer that the human body was created to naturally combat all forms of infections, viruses, and sickness maladies. With little history of using invasive medical procedures, vaccines, nor antibiotics, I have become a great testimony to the proactive efficacy of the Connoisseur's liver protocols, and I've completely removed all synthetic dietetic and fitness supplements from my daily regimen. Over the past five months in Tosh's wellness program, I am feeling progressively better, working out more regularly while building strength in the gym, and gradually becoming more conscientious with my real food intake. I am happy to say that my new lifestyle approach to health is reshaping my physical, mental and emotional expectations for my wellness, and I'm rekindling my bucket list full of dreams, and making serious plans to really share a higher quality of life with my family in the future."

**Edward S. - Texas, United States
Global Business Development**

Le Connoisseur clients are those that are already searching for answers and are asking the right questions. The protocol model allows for time to be spent with each client. Thus, the ultimate result is the client's education: understanding how to follow the design, and how wellness is simply the fruit of following good information. Each client is different so the service is customized for each individual. Short-term, mid-term, and long-term solutions are defined and laid out so clients can adapt over time.

"We are always pleased with the genuine care our family receives any time we call on Tosh and his team. Hope it will help others live a healthy long life."

Princess Hasnaa S. - Middle East House of Saud

Tosh is helping people achieve results faster than almost anyone, especially if the client is willing to change their perspective. While remaining a private group, the firm has clients all around the world. His diverse rolodex of private clients span from your every day mom who wants better care for her family to celebrities, politi-cians, even royals who insist on discretion and quality of care.

"For 16 years, basically, my entire adult life at that point, I was plagued with unexplained ailments, countless trips to the ER out of desperation for answers, three month waits to see specialists, 14 different naturopath type doctors, chiropractors, nutritionists, etc., searched the entire internet and half a library of books searching for answers, attempting to take my health into my own hands. The only solutions available were to mask symp-

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toms with drugs, take hundreds of different supplements over the years, which were all just blind, hopeful attempts at finding some miracle herb, or to just deal with it and live with poor health. Meeting Tosh James was the actual miracle that took place. Finally, someone with real, common sense explanations and a comprehensive understanding of the body and all its functions, especially the all-powerful, super intelligent immune system. Tosh and his team do not use trial and error with piles of supplements and relaxation techniques as so many often do. They use the body and let it do its job. Everything is calculated, checked and cross checked with data, and the amazing human body is free to do its job. I always believed I could heal and obtain optimal health. I just needed the right key to unlock my immune system and clear the obstacles that were preventing this from taking place. Tosh, with his calm and confident approach, has been guiding me and providing me with the proper aid to optimize my natural bodily functions. In only one month after working with him, I had experienced better health than I had since adolescence. After two years now, it can sometimes be hard to remember how badly I had suffered, because it is all a distant memory. I am so thankful every day that I have been fortunate enough to have met Tosh and was able to get my health and life back. Tosh James is a treasure."

**Janelle R. - Illinois, United States
Entrepreneur - Business Owner**

Anyone seeking answers today can consult with the guy that they all call ...The Advisor!

"In the 18 months since I've been taking the custom pro-ocol from Tosh and the team, my numbers have steadily increased. Most importantly I have not been admitted to the hospital for another transfusion during this time. The accepted standard protocol for my diagnosis was to start chemo and eventually the removal of my spleen. This was all avoided due to the custom tailored protocol just for me. My wife and I are so grateful that I have a chance to live a fuller life. The message here is do not accept the standard answer....seek for more information. Thank you Tosh!"

Frank S. - Sonterra Member, San Antonio, Texas, United States Network Engineer

